

Root Canal Post-Operative Instructions

- Expect some soreness, pain and/or discomfort, throbbing at and around the tooth after the root canal. This is normal and can last from several days to several weeks.
- Some swelling and bruising can also occur.
- It is recommended that you take ibuprofen (Advil/Motrin) 400 mg every 6-8 hours for approximately 3 days for post-op discomfort (do not exceed 3200 mg per day). If you cannot take ibuprofen, 1000 mg acetaminophen (Tylenol) is the best substitute (do not exceed 3000 mg Tylenol per day).
- You will likely be prescribed a stronger pain reliever in case the over-the-counter ones are not strong enough.
- If you are prescribed an antibiotic, take it as prescribed with food and complete the prescription in entirety.

If you have any questions, please contact our office at

781-862-3333